

cyclone

INDOOR CYCLING

Cyclone Start-up

Do you have a medical condition, are new to exercise or require extra support to start indoor cycling?

If so, then Cyclone Start-Up will offer you the ideal environment to exercise in these social sessions which are supervised by One Leisure staff.

£3.50
per
session

-  **One Leisure Sawtry**
Monday • 2.00pm to 3.00pm
-  **One Leisure St Neots**
Tuesday • 10.30am to 11.30am
-  **One Leisure Huntingdon**
Tuesday • 2.00pm to 3.00pm
-  **One Leisure St Ives**
Wednesday • 10.30am to 11.30am
-  **One Leisure Ramsey**
Wednesday • 1.00pm to 2.00pm

To book call One Leisure on **01480 388111**

For your first session, please arrive 10 minutes prior to the session starting to complete a short health questionnaire.



Oneleisure

Managed by Huntingdonshire District Council

www.oneleisure.net

 oneleisureuk

 oneleisureuk